

Long Term Care: Abbreviations and Definitions

Activities of Daily Living (ADLs)	Six ADLs: Bathing, Dressing, Eating, Mobility, Toileting, and Transferring from one surface to another such as a bed to chair
Aging and Disability Resource Center (ADRC)	ADRCs are designed to be the first place to go with aging and/or disability questions. ADRCs are service centers that provide a place for the public to get accurate, unbiased information related to aging or living with a disability. The ADRC also processes enrollment for those entering long-term care programs. In Milwaukee County, the ADRC is split between an Aging Resource Center (ARC) and a Disability Resource Center (DRC).
Comprehensive Assessment	An initial and on-going process used by the Family Care interdisciplinary team to indentify a member's needs and strengths, preferences, natural supports, and outcomes.
Fair Hearing	An informal proceeding before an independent judge in which the member or the member's representative presents the reasons why an action by a MCO is incorrect.
Individual Service Plan (ISP)	A document that the care team and member develop and implement based on information received from the ADRC and the MCO's initial assessment of the member's needs. It lists services and supports, paid or unpaid, provided and arranged for by the MCO to address all of the member's needs. The ISP lists the types of services and supports authorized by the interdisciplinary team, the amount, the frequency and duration of each service, and the providers that will furnish each service.
Instrumental Activities of Daily Living (IADLs)	Six IADLs: Management of medications and treatments, Meal preparation and nutrition, Money management, Using the telephone, Arranging and using transportation, and the Ability to function at a job site.
Interdisciplinary Team (IDT)	Also called your "care team." At a minimum, the IDT includes the member, a social worker, and a registered nurse. It may also include anyone in your life that is important to you. Along with the member, they determine the support and services needed and then coordinate and oversee the services.

Managed Care Organization (MCO)	Operates Family Care and Partnership long-term care programs.
Member-Centered Plan (MCP)	On-going plan that documents a process by which the member and the IDT further identify, define, and prioritize the member's personal and quality of life outcomes important to the member. The MCP includes how informal and community resources, and services and supports available through the MCO benefit, will be used to achieve the outcomes identified and defined by the member.
Outcome	A desirable situation, condition, or circumstances in a member's life. There are three types of outcomes: clinical, functional, and personal experience outcomes.
PACE	A Program of All-inclusive Care for the Elderly, available to individuals age 55+.
Family Care Partnership	A program formerly known as the Wisconsin Partnership Program that integrates health and long-term care support services.
IRIS (Include, Respect, I Self-Direct)	A program for elders and adults with physical and/or developmental disabilities that allows participants to self-direct publicly funded, community-based long-term care supports and services using an individually assigned monthly budget allocation.
Self-Directed Supports (SDS)	An option in Family Care and Family Care Partnership that gives participants considerable choice over how support services are provided and by whom. This includes the option to accept a fixed budget that the member can use to purchase services and support items from any qualified provider. Also called "consumer-directed supports."
Long-Term Care Functional Screen (LTCFS)	A computer-based tool that ADCRCs and MCOs use to determine individuals' functional eligibility for long-term care services. The LTCFS collects information about individuals' abilities to perform IDLs and IADLs as well as their risk for institutionalization if they do not receive long-term care services.
Notice of Action	A written notice from a MCO explaining the MCO's intention to change, reduce or terminate a service and the reason(s) for the change in the service.

* Includes excerpts from the DHS website at <http://dhs.wisconsin.gov/programs/ltc.htm>

Resource Allocation Decision (RAD) Method	A step-by-step tool the member and the interdisciplinary team use to help determine the most cost-effective way to meet the member's outcomes.
Department of Health Services (DHA)	A state agency that contracts with MCOs or an Independent Consultant Agency to provide Family Care, Partnership, and IRIS services.
Member	A person who is enrolled in Family Care or Family Care Partnership.
Independent Consultant Agency (ICA)	Administers the IRIS program.
Independent Consultant	The individual within the ICA Agency that provides information about IRIS, provides support and assistance to IRIS participants, and processes IRIS paperwork.